



Orienteering Club Head Coach Job Description

Foothills Wanderers Orienteering Club (FWOC) is seeking a dynamic and experienced head Coach. FWOC is one of the most energetic orienteering clubs in Canada with many involved, competitive adults and a very large junior program (SOGO). The club makes full use of the many parks maps within Calgary and forest maps in the surrounding area for training and racing. The club is actively engaged in maintaining its strong core of masters orienteers, attracting and developing new orienteers, creating new maps and, generally, promoting and enhancing orienteering in the Calgary area and beyond.

Application and closing date

- To apply for this position please forward a current resume, cover letter, and copies of any relevant documents by email to Marsha Fehr at marsndave@gmail.com no later than February 15th, 2017.
- Enquiries for further information on this position should be directed to the same address.
- Interested candidates who are coming to Canada on Working Holiday program are encouraged to apply

The **ideal candidate** for FWOC Head Coach would

1. Be an experienced orienteer with orienteering coaching experience.
2. Have a sports related degree.
3. Be self-motivated, self-directed, and dynamic.
4. Have very good communication skills, both verbal and written.
5. Be able to motivate, inspire, and communicate well with both adults and youth.
6. Be able to work well with volunteers.
7. Have orienteering mapping experience.
8. Have experience working with a volunteer Board of Directors (BOD).
9. Have some experience with advertising and promotions.
10. Be familiar with and comfortable using social media, orienteering software, and cloud document systems including Google Drive, Dropbox.

The FWOC Head Coach position

1. Is part-time, with 25 -30 hours per week in spring (March to June) and fewer hours in the other months of the year.
2. Runs from Jan 2017- Dec 2017.
3. Is renewable.
4. Is based out of Calgary.
5. Involves coaching primarily in evenings and on weekends.
6. Will be overseen by a committee of three volunteers.
7. Compensation is commensurate with skills and experience.

The overarching **objectives** of the FWOC Head Coach role are to

- Provide quality training programs for members.
- Attract and retain new people to the club.
- Help to create a strong social environment.
- Develop stronger young athletes, committed to orienteering whether at the HPP level or as active adults and coaches in the club.
- Develop programs in which the revenue from said programs covers most of the expenses of the Head Coach in those programs.

At the practical level, the **duties** of the FWOC Head Coach would include:

1. Developing training camps:
 - a. Develop a Spring Training Camp for FWOC orienteers for a range of age and ability groups.
 - b. Contribute as a FWOC coach to the Alberta Orienteering Association's (AOA) annual Retreat.
2. Providing FWOC club training including:
 - a. Advanced training group – a weekly training session (e.g. orienteering and physical training so it could continue in winter).
 - b. 1 or 2 sessions of Basics and Beyond for beginner adult orienteers (5 week program) in both spring and fall.
 - c. 1 or 2 sessions Basics and Beyond II (a 5 week program) in spring and/or fall.
 - d. Training for existing club members at all levels, including developing young athletes for Canada's High Performance Program.
 - e. Develop an Intermediate Adult training program.
3. Assist the BOD in developing and implementing a strategy for attracting new membership:
 - a. Coordinate FWOC Intro Clinics.
 - b. Provide new members with programming that encourages them to become active club members.
4. Working with SOGO Adventure Running:
 - a. Coach Level III - two sessions April to June and Sept to Nov.
 - b. Help with training of SOGO volunteers.
 - c. Help plan coach training sessions.

- d. And possibly work with the SOGO lead coach to make training camps more kid/family friendly.
- 5. Possibly providing (fee-based) personal training programs - with personal feedback, periodization etc.
- 6. Offering Coaching support:
 - a. Help develop more local coaches, including SOGO parents at SOGO volunteer coach training evenings.
 - b. Coordinate with Orienteering Canada's High Performance Director to develop coaches for the HPP.
- 7. Other Duties:
 - a. Assist with local and regional event organization such as Club Champs and Alberta Champs;
 - b. If skilled in mapping, help create new maps in the Calgary area.

Plan for the 2017 year

February - March:

- Familiarization with SOGO and FWOC needs
- Meeting with the Head Coach Committee (HCC) to plan the year
- Review last year's programs and assess current club needs with input from the HCC and BOD
- Possibly start personal programs
- Advertise/plan the upcoming camps / programs
- Familiarize self with parks used in SOGO Level III and parks for which FWOC has maps
- Start weekly adult training sessions in Calgary

April - June

- SOGO Level III, starts 2nd week of April
- FWOC intermediate / advanced training camp in spring
- Basics and Beyond 1 (and 2, based on demand)
- Mapping?

July - August:

- Support SOGO Level III athletes at summer events as budget allows
- Assist with Wednesday night events
- Mapping?

September - November

- SOGO Level III
- Club and AOA Champs
- Basics and Beyond 1 (and 2, based on demand)
- Mapping?

December

- Review programming and make recommendations for next year