



The Stars Orienteering Club are happy to host the 2016 Ontario Orienteering Championships in Waterloo and Georgetown, Ontario on May 7 & 8. The middle distance is the first event will be hosted at Columbia Forest at the edge of Waterloo, on a brand new map and area for orienteering. The sprint distance will be hosted on the University of Waterloo campus, a complex urban area with a variety of navigation challenges. This event will take place in the late afternoon ( it is a 10 minute drive from the middle event location) . This venue was used when the Stars last hosted the Ontario Champs in 2012. The long distance will be hosted at Mono Cliffs, which features the Niagara Escarpment and many orienteering challenges suitable for a long distance event and was used before in 2006 for the Canadian Orienteering Championships.

## Schedule

Saturday May 7, 2016

Registration: 12:00 -12:45 at Abraham Erb Public School

and 15:45 – 16:45 Outside the Student Life Centre University of Waterloo

Middle First Start: 12:45

Awards: 15:00

Sprint First Start: 16:45

Awards: 18:30

Sunday May 8, 2016

Long First Start: 10:00

## Organization and Information

Event Directors: Ian Sidders / Ilona Dobos Contact: [ian@orienteering.ca](mailto:ian@orienteering.ca)

Event website: <http://stars.whyjustrun.ca/events/view/2270>

Event registration email: [stars\\_orienteering@yahoo.ca](mailto:stars_orienteering@yahoo.ca)

## Accommodation

<https://uwaterloo.ca/housing/short-term-accommodations> for Middle & Sprint Events

<http://orangevilletourism.ca/accommodations/> near the Long Event

## Registration

Event registration pick up and signed waiver submission will be held before each event.

## Embargoed Areas

Columbia Forest for 2 months before the event. All areas of the University of Waterloo except for parking lots M & N and registration area on the day of the event. Mono Cliffs Provincial Park for 2 months before the event.

## Awards

Ontario Championship medals will be awarded for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in M/F 12, M/F 13-14, M/F 15-16, M/F 17-21 and M/F 21-34 in all three disciplines. For older age groups, only 1<sup>st</sup> medals will be awarded for each 3 events. Champions are encouraged to donate excess medals for future use.

## Middle Distance: Columbia Forest

**PLEASE NOTE PARKING WILL NOT BE AVAILABLE UNTIL 12:00 NOON AS A PREVIOUS EVENT AT THE SCHOOL ENDS AT 11:30 am. THERE IS A STRIP MALL NORTH EAST SIDE OF ERBSVILLE ROAD & LAURELWOOD FOR COFFEE IF YOU ARE EARLY!**

IOSSM 1:10,000 5m contours Created in 2015.

Elite classes will run on 1:10,000 maps, all else on 1:7,500

Terrain: Open hilly, woodland with trails and many marshy ponds.

Safety Bearing: East to the edge of housing. There are trails run along the back of these properties to the start and finish, and some access points to streets leading towards the assembly area.

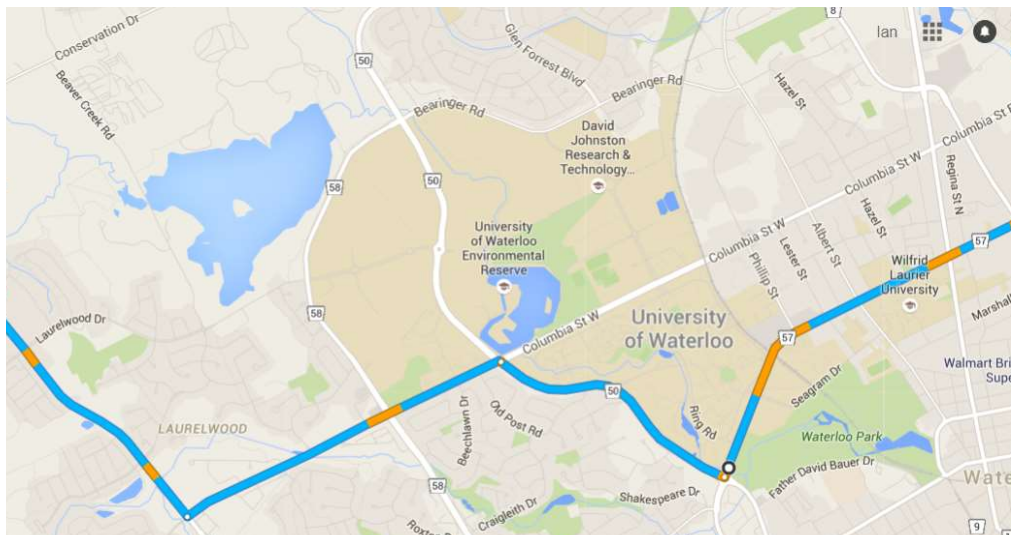
Course Planner: Nick Duca

**Directions:** From Hwy 401 east or west take the Hwy 8 west exit to Kitchener Waterloo. Merge right onto Hwy 85 N to Waterloo. Exit onto University Avenue West (Waterlor Regional Road 57). After passing the University of Waterloo, turn right onto Westmount Road (Waterloo Regional Road 50) heading north to Columbia Street West. Turn left, traveling west, on Columbia Street. Turn right onto Erbsville Road North (Waterloo Regional Road 70. See the map below). Pass Columbia Forest/ Willow Wood Drive then turn left onto Laurelwood Drive to the parking at Abraham Erb Public School (see 2nd map below) which is on the right. Washrooms are located at the school. The start is on White Cedar Avenue, around the corner, second left from the school off of Laurelwood Drive.

**PARKING:** Park in the Abraham Erb Public School lot after 12:00 pm.

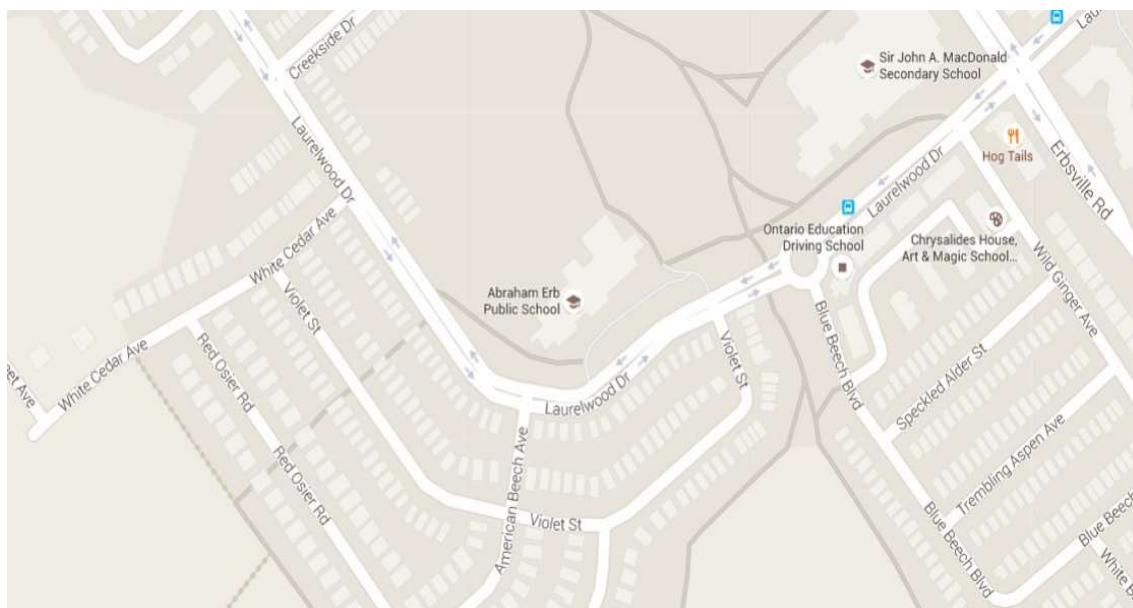
**WASHROOMS:** Washrooms are located in Abraham Erb Public School after 12 pm until 3 pm.

**START:** Follow Laurelwood Drive north to White Cedar Avenue. Proceed along White Cedar Avenue to the start. Distance – 500 m or 10 minutes.



Parking,  
Registration,  
Washrooms

Start



### Course Planner Notes:

This forest surrounded by roads and developments has many runners and mountain bikers using the area. Jumps and ramps created by mountain bikers are not marked on the map. The swamp and ponds are sensitive areas and the courses were set to avoid these. There is a large fenced in area on part of the map that is private property and strictly out-of-bounds.

### Sprint Event: University of Waterloo

IOSSM 1:4,000 1.5 m Contours Created in 2015. All racers will use this scale of map.

Terrain: University campus and residences.

Course Planner: Heidi Langenberg with Nick Duca

**DIRECTIONS** from the Middle Event: Go South on Erbsville Road (Waterloo Regional Road 70). Turn right onto Columbia Street West, heading east towards the university. Go past Westmount Road and take the second right, Hagy Blvd., into the north entrance to the University of Waterloo. Drive to parking at Lot M or N

**DIRECTIONS** from Hwy 401 east or west: Take Hwy 8 west to Kitchener Waterloo, merge right onto Hwy 85 N to Waterloo. Exit onto University Avenue West (Waterloo Regional Road 57). Turn right at King Street and then left onto Columbia Street. Turn left at Hagy Blvd. into the north entrance to the University of Waterloo.

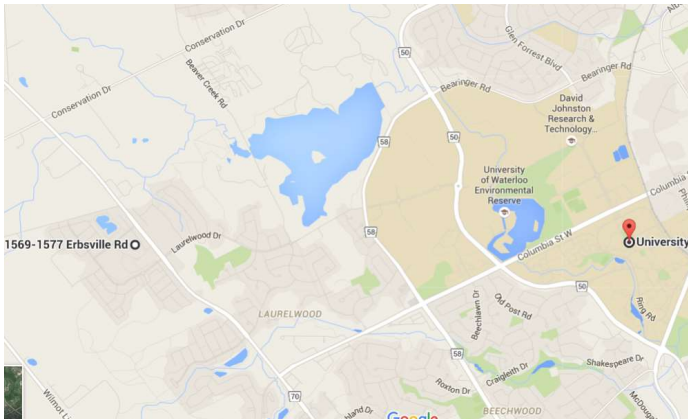
**PARKING:** Park in Lot M, N or X. Parking Lots M & N are south of Columbia Street. Lot X is north of Columbia Street, requiring a walk to across Columbia Street to the start and finish areas. Parking is \$5

in Lot N and \$6 in Lot M but free in Lot X. (Parking tickets are good all day.) Follow directions to the registration area adjacent to the Student Life Centre. See the map below for parking details.

**WASHROOMS:** Washrooms are located at the Student Life Centre (west entrance) and a Tim Horton's & Subway are also conveniently located in there.

**REGISTRATION:** Follow directions to the registration area adjacent to the Student Life Centre.

**START:** The start will be located across the Ring Road from the west end of Parking Lot M. Distance – 200 m or 5 minutes.



### Course Setter Notes:

The campus has many Canada Geese throughout. They are mostly a nuisance but at this time of year may be more aggressive if nesting along route choices. The course was set to avoid nesting sites but we cannot control your route. Please do not approach any geese nesting. Please run away from nest if any geese are provoked.



## Long Distance: Mono Cliffs Provincial Park

IOSSM 1:10,000 5 m Contours Updated in 2015

Elite classes will run on 1:15,000 maps and all else on 1:10,000 .maps

Terrain: Wooded escarpment topography.

Safety Bearing: East will lead racers to the escarpment, Bruce Trail or 3<sup>rd</sup> line.

Course Planner: Dale Sukehall with Nick Duca

**DIRECTIONS from Waterloo:** Take Hwy 85 south to Hwy 7 east towards Guelph. Go north on Hwy 6 to Fergus. Turn right on the Orangeville-Fergus Road, Regional Road 3. Take Hwy 10 north at Orangeville. Turn right onto Mono Centre Rd/Dufferin County Rd 8. Follow the signs to Mono Cliffs Provincial Park (8.2 km). Turn right at Mono Centre. Turn left onto 3rd Line.

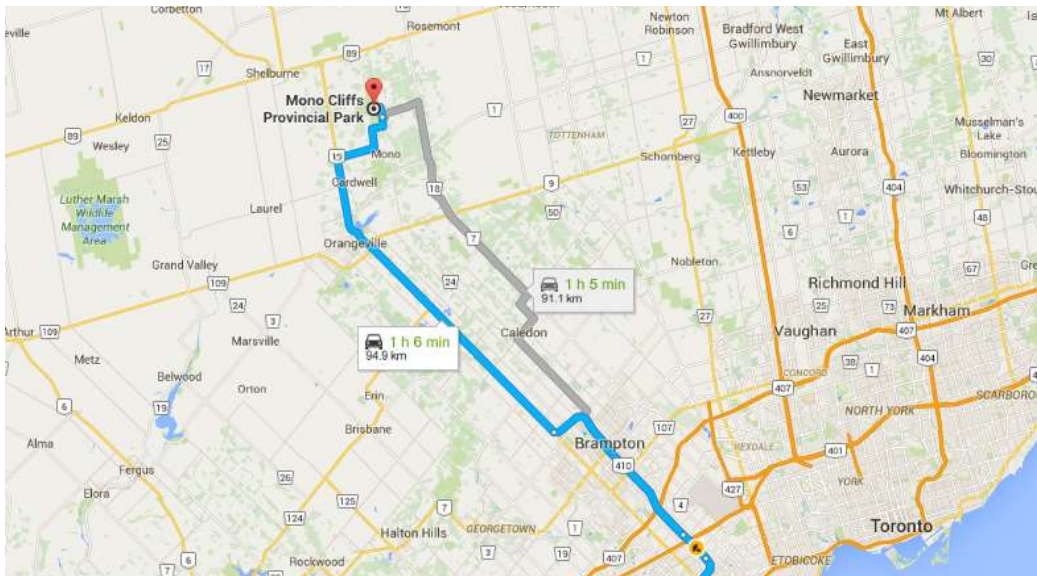
**DIRECTIONS from Highway 401:**Traveling east or west on Hwy 401 take Hwy 410 North, which turns into Hwy 10 north just above Brampton. Continue on Hwy 10 for 37.7 km. Turn right onto Mono Centre Rd/ Dufferin County Rd 8. Follow the signs to Mono Cliffs Provincial Park (8.2 km). Turn right at Mono Centre. Turn left onto 3rd Line.

**PARKING:** Park in the lot on the west side of 3rd Line at the park entrance.

**WASHROOMS:** Washrooms are located at the north end of the parking lot.

**START:** Follow the trail from north end of the parking lot to the start. Distance – 200 m or 5 minutes.





## Course Setter Notes:

This forested areas is crossed north south by the Niagara Escarpment and sections of the Bruce Trail. A recent ice storm did substantial damage to trees meaning some routes may be more difficult than mapped due to downed limbs and trunks. Many fences cross this property making convenient handrails but with some being difficult to climb.